

TRAILS CONTINUED

Sawyer Mountain (1.1 mi.) Nice views from this easy to moderate climb.

Rock Lake (.75 mi.) XC, Easy and flat. Rock Lake is a popular fishing and canoeing stop in the warmer months.

Northville – Placid Trail (130 mi.) XC, This popular trail includes a section from Durant Campsite to Stephen Pond (3mi.) and to Tirrell Pond (3.5 mi.). The trail continues on to Cedar River Road.

Cascade & Stephens Pond (4.2 mi.) XC, You will cross Rock Pond outlet on a 200 ft boardwalk and follow the route of a historic road on your way to these beautiful ponds.

Grassy (.5mi.) & Wilson Pond (2.7 mi) XC, Easy and fairly flat. Trailhead is opposite Eagle Lake.

Blue Mountain (2 mi.) Moderately steep, this popular trail offers awesome views with a fire tower on top.

Castle Rock (.5 mi.) This sometimes steep trail provides impressive views on Blue Mountain Lake and its many islands.

Upper Sargent Pond (4.7 mi) XC, Flat long trail that leads to Sargent Ponds Loop

Tirrell Pond (2.9 mi.) XC, This pleasant woodsy trail takes you to the popular sandy beach on the northern shore of this mountain ridged pond.

WHAT YOU WILL NEED TO BE PREPARED

Be dressed for the weather and the season.

- ✓ Wear ankle-length boots.
- ✓ Dress in layers of loose fitting clothes.
- ✓ Bug Season: Baseball hat, long sleeve shirt, nylon pants.
- ✓ Winter: Wool, polyfleece polypropylene. NO COTTON!!!

Be prepared.

- ✓ Sunscreen
- ✓ Insect repellent
- ✓ Map
- ✓ Compass
- ✓ Flashlight (with extra batteries)
- ✓ Whistle
- ✓ Waterproof matches
- ✓ First aid kit (with ace bandages, and moleskin for blisters)
- ✓ Jackknife
- ✓ Space blanket
- ✓ High energy food
- ✓ Waterproof tarp (along with 30ft of nylon cord can be used to erect an emergency shelter)
- ✓ Garbage bag (CARRY IN - CARRY OUT!!)
- ✓ Water (2 quarts per person, don't drink from lakes and rivers)

Be safe.

- ✓ Let someone know where you are.
- ✓ Always fill in the trail register.

Proper sanitation methods.

- ✓ Bury human waste under 4 inches of soil and at least 150 feet away from the trail or closest water source.

WHERE YOU WILL FIND WHAT YOU NEED

1. The Lake Store

Located on Route 30 in Sabael, locally owned by Bill and Eris Thompson. Open 7 days a week, a complete general store. (518) 648-5222

2. The Adirondack One Stop

Located on Route 30 going towards Sabael, locally owned by Sandy and Bob. A charming convenience store with full deli. Open 7 days a week. (518) 648-6364

3. Stewart's

Located on Main Street in Indian Lake Open 7 days a week. A convenience store with full service deli. (518) 648-5992

4. Spring's General Store

Located on Main Street in Indian Lake across from Stewart's. Locally owned and operated by Dick Spring. A general store for your outdoor needs. (518) 648-6105

5. Pine's Country Store

Located at the corner of Route 28 & 30, in Indian Lake and locally owned by the Pine family. This store has "A little bit of everything." (518) 648-5580

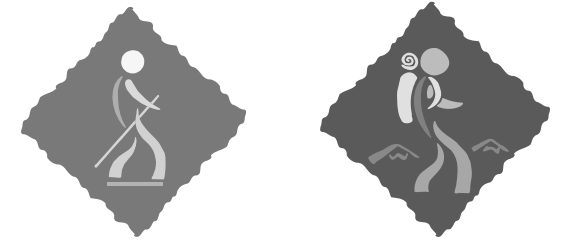
6. Blue Mountain Lake General Store

Located at the corner of Route 28 & 30 in Blue Mtn. Lake. Open 7 days a week. A convenience store with full service deli. (518) 352-7318

7. Blue Mountain Outfitters

Located on Main Street in Blue Mtn. Lake. This is a store that pleases many outdoor enthusiasts. (518) 352-7306

WELCOME TO OUR TRAILS



Indian Lake, Blue Mountain Lake & Sabael Areas

What you will find inside:

- A map and brief description of local hiking, XC skiing, and snowshoeing trails.
- What you will need to be prepared and safe in the wilderness.
- Where you can purchase these supplies locally.

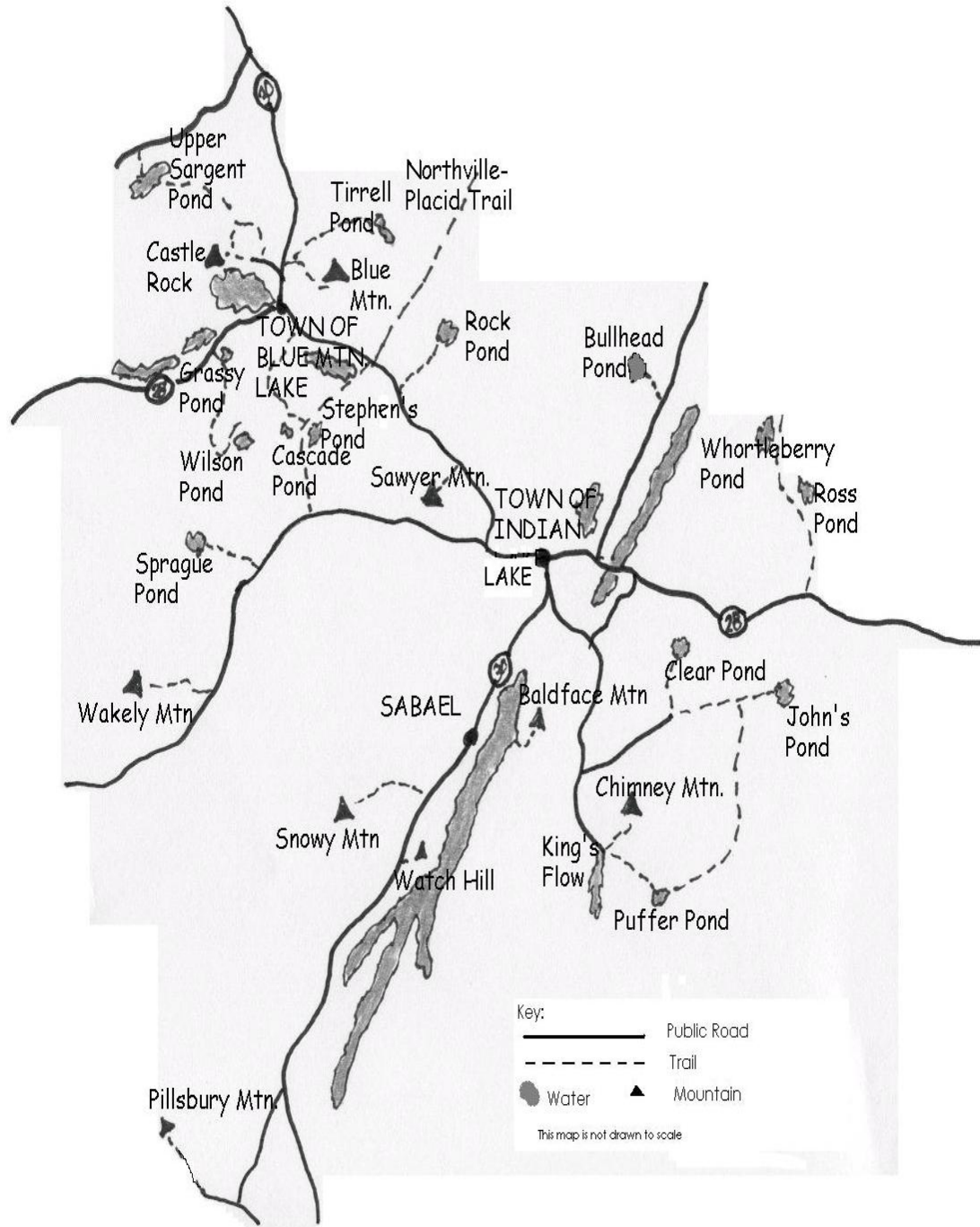
Sponsored by ACTION, Inc.



Active Citizens To Improve Our Neighborhood of
Indian Lake, Blue Mountain Lake & Sabael

For further information, contact us at
P.O. Box 698, Indian Lake, NY 12842

06/01/2007



TRAILS

All of the following are popular hiking and snowshoeing trails in Indian Lake, Blue Mtn. Lake, and Sabael, and can be found by consulting the map provided in this brochure. The initials XC are placed after the trail if it is also commonly used for cross country skiing.

Whortleberry Pond (3 mi.) & Ross Pond (2.5 mi.) XC, Both of these trails start at the same trailhead. Most of the route is an old jeep road. There is a steep spot going over the height of land north of Bell Mountain.

Bullhead Pond (.5 mi.) XC, An easy, quick trail. This is a great fishing spot for families.

Clear Pond (1.3 mi.) XC, Easy trail, with nice views. This pond is known for good brook trout fishing.

John's Pond (2.5 mi.) XC, Popular skiing trail, with beautiful views of beaver meadows, the subtle remains of the early Little Canada settlement, and strand of plantation red pine planted in the 1930s.

Puffer Pond XC, This pond has two points of access from Indian Lake. The mountain trail is marked in blue, the pond trail is marked in red. There is a beaver dam en-route. At the pond the trail continues east to 13th Lake.

Chimney Mountain (1.4 mi.) This is a popular trail because of the great broad views and unusual geological chimney foundation. Use caution around the maze of caves found at the top.

Baldface Mountain (1 mi. paddle across Indian Lake, 1.1 mi. hike) Leave your boat at Norman's Cove, and hike up this short mountain to find spectacular views from the open ledges on the summit.

Snowy Mountain (3.9 mi.) This is the tallest mountain in the southern Adirondacks, and the final climb at the top is steep and demanding. The rocky summit ledges and fire tower should be approached with caution and offer an outstanding view of Indian Lake and the distant High Peaks.

Watch Hill (1.2 mi.) This trail is easy but steep at the end and offers great views. It is not marked by the state. You will follow an old road for about .7 mi to an orange painted metal stake, keep to the right. Keep right at both forks up the trail, which finally passes a beautiful overlook before reaching the summit.

Pillsbury Mountain (1.6 mi.) The access road to the trailhead is rough and may only be passable by a four-wheel drive vehicle. After some steep climbing, you will reach the abandoned fire tower and views from the summit to the east and south.

Sprague Pond (.3 mi.) XC, An easy quick hike. Look for the yellow gate to mark the trailhead.

Wakely Mountain (3 mi.) Moderately difficult, steep at the end with great views. The tallest fire tower in the Adirondacks is located at the top.